

# Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus) – includes information in different languages
- Check the rolling newsfeed at [camden.gov.uk/coronavirusnews](https://camden.gov.uk/coronavirusnews)
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil)
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



**SIGN UP** to the Council's coronavirus e-newsletter for regular service updates, news and support at [camden.gov.uk/coronavirus-updates](https://camden.gov.uk/coronavirus-updates)



Today (1 October) marks the start of Black History Month, which celebrates the incredible achievements of Black communities across the UK. It's an opportunity to acknowledge the remarkable contributions made by our Black communities to Camden's history and progress. This year we're celebrating with Black History Season, a series of mainly virtual events that will run until December.

I encourage you all to join in – see the article below for more details.

This comes at a pivotal moment, with the spotlight of the Black Lives Matter movement and evidence that COVID-19 disproportionately affects our Black, Asian and minority ethnic communities. As one of the country's most diverse areas, with a history of fighting for equality and progress, Camden works hard to address racism and inequality. The loss and trauma of recent months motivates us all to listen, learn and take comprehensive action.

This is an opportunity for us to re-commit wholeheartedly to fighting inequality, prejudice and discrimination wherever we see it, and work together to make meaningful change.

**Councillor Georgia Gould, Leader of Camden Council**

## Cycling in Camden



In response to the challenges caused by the coronavirus pandemic, Camden Council is making lots of improvements to the borough's cycling network to make cycling easier and safer. This includes improving existing cycling facilities, adding four new pop-up cycle lanes, increasing cycle storage locations to 110, and creating a network of dockless bike hire bays, with ambitious plans for more improvements.

Find out more at [camden.gov.uk/making-travel-safer-in-camden](https://camden.gov.uk/making-travel-safer-in-camden)  
The Council has also restarted free cycle skills training courses for adults and children – more information at [camden.gov.uk/cycleskills](https://camden.gov.uk/cycleskills)

## Black History Season



Camden Council is celebrating Black History Season with a series of mostly virtual events running from Black History Month in October, through to December.

The theme for this year is 'Back to the future' – a celebration of the history, culture and influences of the African diaspora on British life. The season will focus on local and international connections, highlighting achievements and contributions in science, arts, education and business, and acknowledging the past while also committing to a positive future.

There's something for everyone, including film screenings, educational webinars, walking tours, expert-led panels, and more. Social distancing means that most events are online, but there are many opportunities to listen, learn, remember and reflect.

Visit [lovecamden.org/blackhistoryseason](https://lovecamden.org/blackhistoryseason) to find out more.



## Need support to self-isolate? Call Camden Council

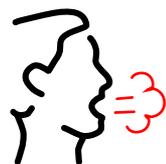
If you develop coronavirus symptoms, self-isolating is so important because it will prevent you passing it on and keep those around you safe.

Self-isolating means not leaving your home at all except to get a test. If you need help to self-isolate, whether it be accessing food or medicine, support to homeschool your children, or a letter for your employer that explains you're self-isolating, Camden Council is here to help.

Call the Council on **020 7974 4444 (option 9)** – the helpline is open 9am to 6pm, Monday to Friday, but if your need is urgent and it cannot wait, you can also contact them outside these hours. You can also visit [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus) for more information.

## Got symptoms? Stay at home and get tested

Look out for coronavirus symptoms:



New, persistent cough



High temperature



Loss of, or change to, sense of smell or taste

Request a test online at [nhs.uk/coronavirus](https://nhs.uk/coronavirus)

**OR CALL 119**

## Children's emergency healthcare services

The children and young people's emergency departments at the Royal Free Hospital and UCLH have temporarily closed. The Whittington Hospital and North Middlesex Hospital children's emergency departments have expanded to meet demand.

If your child needs urgent healthcare, call **NHS 111** or visit [111.nhs.uk](https://111.nhs.uk) so you can be directed to the best service for your child.

