

**YEAR 10 PE**  
**All Year 10 pupils follow the core PE curriculum**  
**Some students will follow the AQA GCSE PE Syllabus**

Term	Units of Study/Scheme of work	Key homework and assessments
Autumn	Core PE: Trampolining/Netball – reverse after ½ term  GCSE: Theory of handball/trampolining	GCSE: weekly homeworks related to theory content; end of unit tests
Spring	Core PE: Football/Basketball (reverse after ½ term)  GCSE: Theory of netball	GCSE: weekly homeworks related to theory content; end of unit tests Final trampolining assessment
Summer	Core PE: Rounders/net and wall games (reverse after ½ term)  GCSE: Theory and Trampolining assessment	
How can we help at home?	Pupils working through their chosen sports required for GCSE. They need to be training once a week alongside their studies in the activities they will be assessed in. After school/lunchtime clubs are available for these. Alternatively students can be assessed in an activity they participate in outside of school.	