

Curriculum Information for Parents for PE

<i>Year 7 have two lessons a week</i>		
Term	Units of Study/Scheme of work	Key homework and assessments
Autumn	Skateboarding/Netball Or Trampolining/Dance	n/a
Spring	Reverse of above and preparation for CSG Dance Show	n/a
Summer	Skateboarding/Dance/Rounders/Fitness Inter form (Netball)	n/a
How can we help at home?	<p>Encouraging pupils to get involved with the extra-curricular programme within the school.</p> <p>The more pupils can practice physical skills, the better their progress and general fitness level.</p> <p>Clubs are offered at lunch and after school every day of the week.</p> <p>Also encourage pupils to get involved with sport and physical activity within their local area.</p>	