

## Curriculum Information for Parents for PE

<b>Year 7 have two lessons a week</b>		
Term	Units of Study/Scheme of work	Key homework and assessments
Autumn	7C/R OR M/T Skateboarding/Netball Or Trampolining/Dance	n/a
Spring	Reverse of above	n/a
Summer	ALL; 1 lesson of dance in preparation for Step Borough Showcase and Step Live  1 lesson of Outdoor Adventurous Activities And Inter form (Netball)	n/a
How can we help at home?	<p>Encouraging pupils to get involved with the extra-curricular programme within the school.</p> <p>The more pupils can practice physical skills, the better their progress and general fitness level.</p> <p>Clubs are offered at lunch and after school every day of the week.</p> <p>Also encourage pupils to get involved with sport and physical activity within their local area.</p>	