

**“This course is not about being a bad parent, you attend because it matters and you care.” Mr A**



**It is important that you attend all of the sessions of the programme**

Support is available with transport and childcare if you need it. Please let us know before the group starts.

The things you say during a session are confidential to the group (unless you talk about harming yourself or anybody else, or if a child could be at risk).

**VENUE:**

Sure Start Polygon Road

45 – 47 Polygon Road

NW1 1SR

**Staff Contact Details:**

**Tahera Chowdhury:**

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*Also Book through:*

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Information & Support Officer

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## **Families in Focus**

**Presents:**

**Webster Stratton  
‘Incredible’ Years’  
Programme**

## **For Parents & caregivers**



## Information for parents



Refreshments will be provided weekly



### Webster Stratton 'Incredible Years' Programme

Sessions Commence:  
Fridays from 21<sup>st</sup> of April 2017  
Sessions will run: 10.30 am -12.30 pm

For Parents and caregivers



### Parents/caregivers will learn to:

- Help children reach potential
- Enjoying parenting
- Imaginative & creative play
- Boundaries
- Managing Behaviour
- Child Development
- Parent-child relationship
- New ways of dealing with common problems
- Praise and Rewards
- Effective Limit Setting

